



January 2023

1/1

9:30 – Daily Chronicles
10:00 – Church Live Stream
10:30 - Snacks
2:00 – Inspirational Stories
3:30 – Gospel Famous Quotes

1/2

9:30 – Current Events
10:00 – What Happened On This Day
10:30 - Snacks
11:00 - Trivia
2:00 – Mr. Tony Spiritual Hymns
3:30 - Resident Choice
6:30 – Friday Winddown

1/3

9:30 – Scenic Drive
10:30 – Snacks
11:00 – Lets move our bodies
2:00 – Current Events

1/4

9:30 - What Happened On This Day
10:00 - Wednesday Stretch
10:30- Snacks
11:00 - BINGO
2:00 - Theater Day w/ Popcorn

1/5

9:30 -What Happened on This Day
10:00 - Lets Move Our Bodies
10:30 - Snack
11:00 - Thursday Motivational Quotes
2:00 - Culinary Craft
3:30 -Food History

1/6

9:30 - Current Events
10:00 - Finish The Lyrics
10:30 - Snacks
11:00 - Who What Where
2:00 - Happy Hour/ Entertainment

1/7

10:00 - Let's Move Our Bodies
11:00 - Virtual Travel Tour
11:30 - Sing a Long
2:00 - Saturday Matinee

1/8

10:00 - Devotions
10:30 - Church Service
11:30 - Lift Every Voice
2:00 - Inspirational Stories

1/9

9:30 - Current Events
10:00 -Monday Stretch
10:30 - Snacks
11:00 - Jewelry Day
2:00 - Sing-a-long w/ Mr. Tony
3:30 - Music History

1/10

9:30 - Let's Move Our Bodies
10:00 - Outing w/Brandy
11:30 -Who Said That?
2:00 - Finish The Lyrics

1/11

10:00 - Current Events
10:30 - Snacks
11:30 - Lift Every Voice
2:00 - Theater Day

1/12

9:30 - Daily Chronicles
10:00 - Brain Waves
11:00 -Name That Tune
2:00 - Culinary Craft

1/13

9:30 - Friday Stretch
10:00 -Daily Chronicles
10:30 - Who, What, Where
2:00 -Winter Trivia

1/14

9:30 - What Happened On This Day
10:00 - Current Events
10:30 - Chair Yoga
11:00 -Spa Day
2:00 -Featured Movie & Popcorn

1/15

9:30 - Devotions
10:00 - Church Stream
10:30 - Snacks
11:00 - Inspirational Stories

1/16

9:30 - 50's Music Exercises
10:00 - Name That Tune
10:30 - Short Stories
11:00 - Who,What,Where
2:00 - Discussion on MLK
3:00 - History of Civil Rights

1/17

9:30 - What Happened On This Day
10:00 - Outing w/Brandy
10:30 - Snacks
11:00 - Short Stories
2:00 - January Fun Facts

1/18

9:30 - Current Events
10:00 - Sing-a-long
10:30 - Snacks
11:00 - Inspirational Stories
2:00 - B&W Classic Film

1/19

9:30 - Bodies,Music,Motion
10:30 - Snacks
11:00 - Bracelet Making
2:00 - Cooking Club

1/20

9:30 - Daily Chronicles
10:00 - What Happened on This Day
10:30 - Snacks
2:00 - Discussion What Are We Thankful For?
3:00 - Music and Drinks

1/21

9:30 - What Happened On This Day
10:00 - Current Events
10:30 - Crafty Corner
11:00 - Spa Day
2:00 - Resident Choice

1/22

9:30 -Daily Chronicles
10:00 -Live Stream Church
10:30 - Snacks
2:00 -Church Group Singing
3:00 -Inspirational Stories

1/23

9:30 - Who,What,Where
10:00 - Daily Chronicles
10:30 - Snack
11:00 - Art
2:00 - Mr. Tony Hymns

1/24

9:30 - Tuesday Stretch
10:00 - Virtual Travel Tour Paris
10:30 - Snacks
2:00 - Sip & Paint

1/25

9:30- Let's Move Our Bodies
10:00 - Devotions
10:30 - Snacks
11:00 - Oldie Goldies History
2:00 - Feature Movie w/Snacks

1/26

9:30 - Current Events
10:00 -Winter History
10:30 - Snacks
11:00 - Word Builder
2:00 - What's Cooking?
3:00 - Fun Foodie Facts

1/27

9:30- Bodies, Music, Motion
10:00 - Word Games
10:30 - Snacks
11:00 - History of Elvis
2:00 - Resident Choice

1/28

9:30 - Who,What,Where
10:00 - Current Events
10:30 - Snacks
11:00 - Sing-a-longs
2:00 - Matinee Day

1/29

9:30 - Current Events
10:00 - Church Live Stream
10:30 - Snacks
11:00 - Lift Every Voice
2:00 -Devotions

1/30

9:30 - Daily Chronicles
10:00 - Brain Waves Trivia
10:30 - Snacks
11:00 - Movercize
2:00 - Mr. Tony Hymns

1/31

9:30 - What Happened On This Date
10:00 - Disscusion- "What Makes You Happy"
10:30 - Snacks
11:00 - Current Events
2:00 - Mock Happy Hour

